



Holsworthy Benefice Sept 2024 News Sheet



Holsworthy Benefice					
	Bridgerule	Hollacombe	Holsworthy	Pancrasweek	Pyworthy
1st Sept	11am Sung Eucharist	9.30am Sung Mass	9.30am Sung Eucharist		9.30am Family Service
4th Sept			10am BCP Holy Communion		
8th Sept	11am Morning Prayer	3pm Evensong	11am Sung Eucharist		9.30am Sung Eucharist
15th sept	11am Joint Service at Methodist Chapel	9.30am Sung Mass	11am Sung Eucharist		9.30am Sung Eucharist
22nd Sept	10am Benefice Service with Refreshments				
29th Sept	11am Harvest Eucharist	3pm Harvest Evensong	11am Cafe Style Service		9.30am Morning Prayer
2nd Oct			10am BCP Holy Communion		
6th Oct	11am Joint Service at the Chapel - Harvest Festival	9.30am Sung Mass	11am Harvest Sung Eucharist		9.30am Family Service

Dear Friends

After a slow, cold & wet start to the summer, I pray that we are able to enjoy a warm and fruitful autumn. We ask God's blessings for our farmers and gardeners for plentiful harvests and give thanks to God for food from the land. Our first harvest festivals of the season will be held at Bridgerule and Hollacombe churches on the 29th September. Hollacombe Harvest Festival is to be led by Bishop Paul and Bridgerule Harvest Festival will be shared with our Methodist friends at the parish church. It was inspiring during August to share a week with the Indian Pastors and hear about their ministry, challenges and blessings. They were in turn touched by the warm welcome from the parishes and left with good memories and stories to share. Thank you for your welcome and for hosting various events at which to meet them.

We followed their visit with an uplifting deanery service of favourite hymns & Pimms. I shared the video of the work in India and introduced the course Leading Your Church into Growth. There was plenty of interest across the deanery in running this course over the coming year. For further details, watch this space!

Harvest blessings to you in Christ,
Alison

Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek
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Readings for Sept

1st Sept- Green

Fourteenth Sunday after Trinity

Deuteronomy 4:1-2, 6-9

Song of Solomon 2:8-13

Psalm 15

James 1:17-end

Gospel Mark 7:1-8. 14-15. 21-23

8th Sept- Green

Fifteenth Sunday after Trinity

Isaiah 35:4-7a

Proverbs 22: 1-2. 8-9. 22-23

Psalm 146

James 2:1-10 (11-13) 14-17

Gospel Mark 7:24-end

15th Sept- Green

Sixteenth Sunday after Trinity

Isaiah 50:4-9a

Proverbs 1:20-33

Psalm 116: 1-8

James 3:1-12

Gospel Mark 8: 27-end

22nd Sept- Green

Seventeenth Sunday after Trinity

Wisdom of Solomon 1:16-2:1. 12-22

Jeremiah 11:18-20

Proverbs 31:10-end

Psalm 54

James 3:13- 4:3 7-8a

Gospel Mark 9:30-37

29th Sept- Green

Michael and All Angels

Genesis 28: 10-17

Revelations 12:7-12

Psalm 103: 19-end

Hebrews 1:5-end

Revelations 12:7-12

Gospel John 1:47-end

Holsworthy St Peter and St Paul Church
Monday - Thursday
8.15am - Morning Prayer
5.15pm - Evening Prayer
All Welcome.

The winners of the St Peter's Monthly Jackpot Draw for August
are:

1st Prize, £17.75 – ticket number 78, Katie from Underlane

2nd Prize, £3.55 – ticket number 146, Harriet from Bristol

Find out more about.....Pretty Maid 2024

Hello, I'm Freya Godfrey and I am honoured to be this years Pretty Maid. I am 19 years old and live in Holsworthy town with my parents, sister, Smudge our cat and our lovely cocker spaniel called Jazz.

At the end of last year I finished college at Callywith and gained my A-Level qualifications which got me into my top choice of university. I'd always planned to take a gap year to travel so I got to work putting some thought into that. Between September and December I kept up working evenings at the local Indian but also picked up some extra hours during the day at the primary school.

As of January, me and my friend started our travels that begun in North Thailand. Three months later I had visited Laos where we had the chance to take a hot air balloon ride, trekked through the jungles and saw the natural beauty the country held, Vietnam where we did the Ha Giang Loop, celebrated Tet (which is their New Year) and had the most magical time in a town called Hoi An, Cambodia where we had a very eye-opening time visiting the S21 prisons and killing fields, visited the famous temples and natural beauty the islands held, and finished our time in the South of Thailand watching many sunsets, being blessed to do surreal hikes and being able to see plenty of elephants, monkeys and whilst snorkelling being able to see the most beautiful fish and even spotting sharks and turtles! Upon returning to England I hadn't quite finished travelling so I took a trip to Italy with another friend starting in the North and heading South, seeing all the famous landmarks and places along the way.

I got back to reality pretty quickly and picked my job back up at Holsworthy primary school and was asked to do more hours, so I was soon back to working five days a week but very fortunate to have been given this opportunity to work amongst the children.

In September I start university at Plymouth Marjons where I will be studying Physical Education at secondary enhancement with QTS to ultimately become a secondary school pe teacher which has been a dream for many years.

This past year has been extraordinary and has taught me so much with plenty of experience. I am amazed and will forever be thankful for every opportunity I've been given.

In my spare time I'm often around cricket whether it be coaching, training, playing or watching. I captain our laddies team and enjoy being involved in such a great group, which we are always looking to expand.

I am happiest when outdoors in the sun, I enjoy going on hikes with my Dad and walks with my friends and of course Jazz, our dog, is always there to provide the best company.

I am looking forward to university and to see what the next chapter of my life brings!

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Holsworthy Food Bank

Holsworthy Community Fridge

Samaritans

Age Uk

Domestic Abuse - Womens Aid

Domestic Abuse - Mens Advice line

Childline

01271 377077

mtrudgill@dmatschools.org.uk

116 123

0800 055 6112

0808 2000 247

0808 8010 327

0800 111

If you wish to advertise in upcoming news sheet please contact the benefice administrator by 20th Sept.

COLLECT

Almighty God,
whose only Son has opened for us
a new and living way into your
presence:
give us pure hearts and steadfast wills
to worship you in spirit and in truth;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Either **Deuteronomy 4:1-2. 6-9**

A reading from the book of Deuteronomy.

Moses spoke to the people; he said:
So now, Israel, give heed to the
statutes and ordinances that I am
teaching you to observe, so that
you may live to enter and occupy
the land that the LORD, the God of
your ancestors, is giving you. You
must neither add anything to what I
command you nor take away anything
from it, but keep the commandments
of the LORD your God with which I
am charging you. You must observe
them diligently, for this will show
your wisdom and discernment to the
peoples, who, when they hear all
these statutes, will say, "Surely this
great nation is a wise and discerning
people!" For what other great nation
has a god so near to it as the LORD
our God is whenever we call to him?
And what other great nation has
statutes and ordinances as just as this
entire law that I am setting before
you today? But take care and watch
yourselves closely, so as neither to
forget the things that your eyes have
seen nor to let them slip from your
mind all the days of your life; make
them known to your children and your
children's children.

Or **Song of Solomon 2:8-13**

PSALM Psalm 15

R *Through the greatness of your
mercy, I will come into your house.*

Lord, who may dwell in your
tabernacle?
Who may rest upon your holy hill?



Whoever leads an uncorrupt life
and does the thing that is right; **R**

Who speaks the truth from the heart
and bears no deceit on the tongue;
Who does no evil to a friend
and pours no scorn on a neighbour; **R**

In whose sight the wicked are not
esteemed,
but who honours those who fear the
Lord.

Whoever has sworn to a neighbour
and never goes back on that word; **R**

Who does not lend money in hope of
gain,
nor takes a bribe against the innocent;
Whoever does these things
shall never fall. **R**

SECOND READING James 1:17-end

A reading from the letter of James.

Every generous act of giving, with
every perfect gift, is from above,
coming down from the Father of lights,
with whom there is no variation or
shadow due to change. In fulfilment
of his own purpose he gave us birth
by the word of truth, so that we would
become a kind of first fruits of his
creatures. You must understand this,
my beloved: let everyone be quick to
listen, slow to speak, slow to anger;
for your anger does not produce
God's righteousness. Therefore rid
yourselves of all sordidness and rank
growth of wickedness, and welcome
with meekness the implanted word
that has the power to save your souls.
But be doers of the word, and not
merely hearers who deceive themselves.
For if any are hearers of the word
and not doers, they are like those
who look at themselves in a mirror;
for they look at themselves and, on
going away, immediately forget what
they were like. But those who look
into the perfect law, the law of liberty,
and persevere, being not hearers who
forget but doers who act – they will
be blessed in their doing. If any think
they are religious, and do not bridle
their tongues but deceive their hearts,
their religion is worthless. Religion
that is pure and undefiled before
God, the Father, is this: to care for
orphans and

widows in their distress, and to keep
oneself unstained by the world.

GOSPEL Mark 7:1-8. 14-15. 21-23

*Hear the gospel of our Lord Jesus
Christ according to Mark.*

When the Pharisees and some of the
scribes who had come from Jerusalem
gathered around Jesus, they noticed
that some of his disciples were eating
with defiled hands, that is, without
washing them. (For the Pharisees, and
all the Jews, do not eat unless they
thoroughly wash their hands, thus
observing the tradition of the elders;
and they do not eat anything from the
market unless they wash it; and there
are also many other traditions that they
observe, the washing of cups, pots,
and bronze kettles.) So the Pharisees
and the scribes asked him, "Why
do your disciples not live according
to the tradition of the elders, but
eat with defiled hands?" Jesus said
to them, "Isaiah prophesied rightly
about you hypocrites, as it is written,
'This people honours me with their
lips, but their hearts are far from me;
in vain do they worship me, teaching
human precepts as doctrines.' You
abandon the commandment of God
and hold to human tradition." Then
he called the crowd again and said
to them, "Listen to me, all of you,
and understand: there is nothing
outside a person that by going in can
defile, but the things that come out
are what defile. For it is from within,
from the human heart, that evil
intentions come: fornication, theft,
murder, adultery, avarice, wickedness,
deceit, licentiousness, envy, slander,
pride, folly. All these evil things
come from within, and they defile a
person."

POST COMMUNION

Lord God, the source of truth and love,
keep us faithful to the apostles'
teaching and fellowship,
united in prayer and the breaking of
bread,
and one in joy and simplicity of heart,
in Jesus Christ our Lord.

Sunday

8 September 2024

Fifteenth Sunday after Trinity

COLLECT

God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Either **Isaiah 35:4-7a**

A reading from the book of the prophet Isaiah.

Say to those who are of a fearful heart, "Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you." Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water.

Or **Proverbs 22:1-2. 8-9. 22-23**

PSALM Psalm 146

R *The Lord shall reign for ever.*

Alleluia.
Praise the Lord, O my soul:
while I live will I praise the Lord;
as long as I have any being,
I will sing praises to my God.
Put not your trust in princes,
nor in any human power,
for there is no help in them.
When their breath goes forth, they
return to the earth;
on that day all their thoughts perish. **R**

Happy are those who have the God of Jacob for their help,
whose hope is in the Lord their God;
Who made heaven and earth,
the sea and all that is in them;
who keeps his promise for ever;
Who gives justice to those that suffer wrong
and bread to those who hunger. **R**

The Lord looses those that are bound;
the Lord opens the eyes of the blind;
The Lord lifts up those who are bowed down;
the Lord loves the righteous; **R**



The Lord shall reign for ever - er.

The Lord watches over the stranger in the land;
he upholds the orphan and widow;
but the way of the wicked he turns upside down.
The Lord shall reign for ever,
your God, O Zion, throughout all generations.
Alleluia. **R**

SECOND READING

James 2:1-10 [11-13] 14-17

A reading from the letter of James.

My brothers and sisters, do you with your acts of favouritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonoured the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfil the royal law according to the scripture, "You shall love your neighbour as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. [For the one who said, "You shall not commit adultery," also said, "You shall not murder." Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgement will be without mercy to anyone who has shown no mercy; mercy triumphs over judgement.] What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is

the good of that? So faith by itself, if it has no works, is dead.

GOSPEL Mark 7:24-end

Hear the gospel of our Lord Jesus Christ according to Mark.

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go – the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

POST COMMUNION

Keep, O Lord, your Church, with your perpetual mercy;
and, because without you our human frailty cannot but fall,
keep us ever by your help from all things hurtful,
and lead us to all things profitable to our salvation;
through Jesus Christ our Lord.

COLLECT

O Lord, we beseech you mercifully to hear the prayers of your people who call upon you; and grant that they may both perceive and know what things they ought to do, and also may have grace and power faithfully to fulfil them; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Either **Isaiah 50:4-9a**

A reading from the book of the prophet Isaiah.

The servant of the Lord said: The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he awakens – wakens my ear to listen as those who are taught. The Lord GOD has opened my ear, and I was not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord GOD helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord GOD who helps me; who will declare me guilty?

Or **Proverbs 1:20-33**

PSALM Psalm 116:1-8

R *Gracious is the Lord and righteous.*

I love the Lord,
for he has heard the voice of my supplication;
because he inclined his ear to me
on the day I called to him.
The snares of death encompassed me;
the pains of hell took hold of me;
by grief and sorrow was I held. **R**

Then I called upon the name of the Lord:

“O Lord, I beg you, deliver my soul.”
Gracious is the Lord and righteous;
our God is full of compassion. **R**

The Lord watches over the simple;
I was brought very low and he saved me.
Turn again to your rest, O my soul,
for the Lord has been gracious to you. **R**

For you have delivered my soul from death,

my eyes from tears and my feet from falling.

I will walk before the Lord
in the land of the living. **R**

SECOND READING James 3:1-12

A reading from the letter of James.

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue – a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh

and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

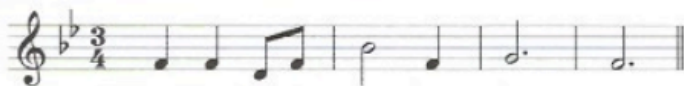
GOSPEL Mark 8:27-end

Hear the gospel of our Lord Jesus Christ according to Mark.

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, “Who do people say that I am?” And they answered him, “John the Baptist; and others, Elijah; and still others, one of the prophets.” Jesus asked them, “But who do you say that I am?” Peter answered him, “You are the Messiah.” And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.” He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

POST COMMUNION

Almighty God,
you have taught us through your Son that love is the fulfilling of the law:
grant that we may love you with our whole heart
and our neighbours as ourselves;
through Jesus Christ our Lord.



Gra-cious is the Lord and righ-teous.

COLLECT

Almighty God,
you have made us for yourself,
and our hearts are restless till they find
their rest in you:
pour your love into our hearts and draw us
to yourself,
and so bring us at last to your heavenly
city
where we shall see you face to face;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Either **Wisdom of Solomon**

1:16 – 2:1. 12-22

A reading from the book of Wisdom.

The ungodly by their words and deeds
summoned death; considering him a friend,
they pined away and made a covenant with
him, because they are fit to belong to his
company. For they reasoned unsoundly,
saying to themselves, "Short and sorrowful
is our life, and there is no remedy when
a life comes to its end, and no one has
been known to return from Hades. Let us
lie in wait for the righteous man, because
he is inconvenient to us and opposes our
actions; he reproaches us for sins against
the law, and accuses us of sins against our
training. He professes to have knowledge
of God, and calls himself a child of the
Lord. He became to us a reproof of our
thoughts; the very sight of him is a burden
to us, because his manner of life is unlike
that of others, and his ways are strange.
We are considered by him as something
base, and he avoids our ways as unclean;
he calls the last end of the righteous
happy, and boasts that God is his father.
Let us see if his words are true, and let us
test what will happen at the end of his life;
for if the righteous man is God's child, he
will help him, and will deliver him from the
hand of his adversaries. Let us test him
with insult and torture, so that we may
find out how gentle he is, and make trial
of his forbearance. Let us condemn him to
a shameful death, for, according to what
he says, he will be protected." Thus they
reasoned, but they were led astray, for
their wickedness blinded them, and they
did not know the secret purposes of God,
nor hoped for the wages of holiness, nor
discerned the prize for blameless souls.

Or **Jeremiah 11:18-20**

*A reading from the book of the prophet
Jeremiah.*

It was the LORD who made it known to
me, and I knew; then you showed me their
evil deeds. But I was like a gentle lamb
led to the slaughter. And I did not know
it was against me that they devised
schemes, saying, "Let us destroy the tree
with its fruit, let us cut him off from the
land of the living, so that his name will
no longer be remembered!" But you, O
LORD of hosts, who judge righteously,
who try the heart and the mind, let me see
your retribution upon them, for to you I
have committed my cause.

Or **Proverbs 31:10-end**

PSALM Psalm 54

R Behold, God is my helper.

Save me, O God, by your name
and vindicate me by your power.
Hear my prayer, O God;
give heed to the words of my mouth.
For strangers have risen up against me,
and the ruthless seek after my life;
they have not set God before them. **R**

Behold, God is my helper;
it is the Lord who upholds my life.
May evil rebound on those who lie in wait
for me;
destroy them in your faithfulness. **R**

An offering of a free heart will I give you
and praise your name, O Lord, for it is
gracious.
For he has delivered me out of all my
trouble,
and my eye has seen the downfall of my
enemies. **R**

SECOND READING

James 3:13 – 4:3. 7-8a

A reading from the letter of James.

Who is wise and understanding among
you? Show by your good life that your
works are done with gentleness born
of wisdom. But if you have bitter envy
and selfish ambition in your hearts, do
not be boastful and false to the truth.
Such wisdom does not come down from
above, but is earthly, unspiritual, devilish.
For where there is envy and selfish
ambition, there will also be disorder and
wickedness of every kind. But the wisdom

from above is first pure, then peaceable,
gentle, willing to yield, full of mercy and
good fruits, without a trace of partiality or
hypocrisy. And a harvest of righteousness
is sown in peace for those who make
peace. Those conflicts and disputes
among you, where do they come from?
Do they not come from your cravings
that are at war within you? You want
something and do not have it; so you
commit murder. And you covet something
and cannot obtain it; so you engage in
disputes and conflicts. You do not have,
because you do not ask. You ask and do
not receive, because you ask wrongly,
in order to spend what you get on your
pleasures. Submit yourselves therefore to
God. Resist the devil, and he will flee from
you. Draw near to God, and he will draw
near to you.

GOSPEL Mark 9:30-37

*Hear the gospel of our Lord Jesus Christ
according to Mark.*

After leaving the mountain Jesus and
his disciples went on from there and
passed through Galilee. He did not want
anyone to know it; for he was teaching
his disciples, saying to them, "The Son of
Man is to be betrayed into human hands,
and they will kill him, and three days after
being killed, he will rise again." But they
did not understand what he was saying
and were afraid to ask him. Then they
came to Capernaum; and when he was in
the house he asked them, "What were you
arguing about on the way?" But they were
silent, for on the way they had argued with
one another who was the greatest. He sat
down, called the twelve, and said to them,
"Whoever wants to be first must be last of
all and servant of all." Then he took a little
child and put it among them; and taking
it in his arms, he said to them, "Whoever
welcomes one such child in my name
welcomes me, and whoever welcomes me
welcomes not me but the one who sent
me."

POST COMMUNION

Lord, we pray that your grace may always
precede and follow us,
and make us continually to be given to all
good works;
through Jesus Christ our Lord.



Be - hold, God is my help - er.

COLLECT

Everlasting God,
 you have ordained and constituted the
 ministries of angels and mortals
 in a wonderful order:
 grant that as your holy angels always
 serve you in heaven,
 so, at your command,
 they may help and defend us on earth;
 through Jesus Christ your Son our Lord,
 who is alive and reigns with you,
 in the unity of the Holy Spirit,
 one God, now and for ever.

FIRST READING

Either **Genesis 28:10-17**

A reading from the book of Genesis.

Jacob left Beer-sheba and went towards Haran. He came to a certain place and stayed there for the night, because the sun had set. Taking one of the stones of the place, he put it under his head and lay down in that place. And he dreamed that there was a ladder set up on the earth, the top of it reaching to heaven; and the angels of God were ascending and descending on it. And the LORD stood beside him and said, "I am the LORD, the God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and to your offspring; and your offspring shall be like the dust of the earth, and you shall spread abroad to the west and to the east and to the north and to the south; and all the families of the earth shall be blessed in you and in your offspring. Know that I am with you and will keep you wherever you go, and will bring you back to this land; for I will not leave you until I have done what I have promised you." Then Jacob woke from his sleep and said, "Surely the LORD is in this place – and I did not know it!" And he was afraid, and said, "How awesome is this place! This is none other than the house of God, and this is the gate of heaven."

Or **Revelation 12:7-12**

A reading from the book of Revelation.

War broke out in heaven; Michael and his angels fought against the dragon. The dragon and his angels fought back, but they were defeated, and there was no longer any place for them in heaven. The great dragon was thrown

down, that ancient serpent, who is called the Devil and Satan, the deceiver of the whole world – he was thrown down to the earth, and his angels were thrown down with him. Then I heard a loud voice in heaven, proclaiming, "Now have come the salvation and the power and the kingdom of our God and the authority of his Messiah, for the accuser of our comrades has been thrown down, who accuses them day and night before our God. But they have conquered him by the blood of the Lamb and by the word of their testimony, for they did not cling to life even in the face of death. Rejoice then, you heavens and those who dwell in them! But woe to the earth and the sea, for the devil has come down to you with great wrath, because he knows that his time is short!"

PSALM Psalm 103:19-end

R *The Lord is full of compassion and mercy.*

The Lord has established his throne in heaven,
 and his kingdom has dominion over all.
 Bless the Lord, you angels of his,
 you mighty ones who do his bidding
 and hearken to the voice of his word. **R**

Bless the Lord, all you his hosts,
 you ministers of his who do his will.
 Bless the Lord, all you works of his,
 in all places of his dominion;
 bless the Lord, O my soul. **R**

SECOND READING

Either **Hebrews 1:5-end**

A reading from the letter to the Hebrews.

To which of the angels did God ever say, "You are my Son; today I have begotten you"? Or again, "I will be his Father, and he will be my Son"? And again, when he brings the firstborn into the world, he says, "Let all God's angels worship him." Of the angels he says, "He makes his angels winds, and his servants flames of fire." But of the Son he says, "Your throne, O God, is for ever and ever, and the righteous sceptre is the sceptre of your kingdom. You have loved righteousness and hated wickedness; therefore God, your God, has anointed you with the oil of

gladness beyond your companions." And, "In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end." But to which of the angels has he ever said, "Sit at my right hand until I make your enemies a footstool for your feet"? Are not all angels spirits in the divine service, sent to serve for the sake of those who are to inherit salvation?

Or **Revelation 12:7-12**

GOSPEL John 1:47-end

Hear the gospel of our Lord Jesus Christ according to John.

When Jesus saw Nathanael coming towards him, he said of him, "Here is truly an Israelite in whom there is no deceit!" Nathanael asked him, "Where did you come to know me?" Jesus answered, "I saw you under the fig tree before Philip called you." Nathanael replied, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than these." And he said to him, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."

POST COMMUNION

Lord of heaven,
 in this eucharist you have brought us
 near to an innumerable company of
 angels
 and to the spirits of the saints made
 perfect:
 as in this food of our earthly pilgrimage
 we have shared their fellowship,
 so may we come to share their joy in
 heaven;
 through Jesus Christ our Lord.



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Dear friends,

You may be aware that the Mission and Ministry team is offering a revamped Foundations course for the Diocese.

It's been my joy to co-ordinate this work, and I'm delighted to tell you about it:

What is the Foundations Course?

Foundations, previously Foundations in Christian Ministry (FiCM), is the introductory course for everyone in the Diocese of Exeter who is exploring their vocation (both lay and ordained). The course is designed to help people grow in their discipleship, and flourish as part of the Church.

It is the foundational course to train as a Licensed Lay Minister (Reader), for ordination training or to train for one of a number of new Commissioned roles, which we will be launching in the new year.

We are grateful to South West Ministry Training Course for running FiCM over a number of years. Going forward, Foundations will be run by the Diocese of Exeter as part of our commitment to lifelong learning and development for all. It is open to everyone who is a member of a church community.

You can read more about it here - <https://exeter.anglican.org/ministry/lay-ministry/foundations/> - you can also find the booking links here.

How does the course run?

Our aim is to make the Foundations Course easy and accessible for as many people as possible to participate in it.

With that in mind, we've made the course hybrid - learning happens at home as well as in groups and now takes around 5 months to complete.

For 2024/25 there will be three different cohorts - Plymouth, Barnstaple and Exeter to make it geographically accessible.

The academic requirement is minimal and participants will not be asked to write essays.

What can you do?

Are there people in your churches who might enjoy doing the Foundations Course and find it beneficial? People who have done the course previously have gone onto ordination training, become Licensed Lay Ministers, Anna Chaplains, childrens and youth workers, chaplains and more. Please could you encourage people to consider applying for the course (there is no interview process). Please could you also advertise the course by displaying the attached poster on your noticeboard, in your church magazine and on your social media, and (if you have the technology) to display the Powerpoint slide before and after services and in your notices.

There is also a video explaining the course: <https://vimeo.com/961208351>

Finally, there is a small fee of £25 plus booking fee for course participants. They are encouraged to ask whether PCCs can contribute towards covering this and other associated costs.

If you have any questions or suggestions, please do get in touch!

Best wishes,

Dr Jon Curtis

Holiday

Please note that I am away from 16th to 26th September. During this time I won't pick up calls or email. Please contact your church wardens or Libbi for church support.

Autumn Discipleship

A 6-week course for those wishing to 'brush up' on Christianity or prepare for confirmation. Tuesdays 7pm at the Rectory, commencing October 1st. All are welcome, please let Alison know if you intend coming to ensure adequate copies of course books.

Rota planning for Church Wardens

Monday 9th September 7pm at the Rectory. Planning Sunday services for the winter months.

Lay Worship Leaders' Gathering

Monday 30th September 7pm at the Rectory. An opportunity to feedback on service leading over the summer and to plan ahead for the Remembrance & Christmas seasons

Our revamped benefice Facebook page is now up and running. It is called Holsworthy Churches – Your Benefice.

If you use Facebook, please go to our page and like and follow, this will keep up to date with our postings, events

and service times, as well as spreading the page over a wider audience.

If you have any church events that you wish to be advertised on the page please let us know by emailing posters/information

to either Helen – hknarborough@btinternet.com or Sam – samj.hatter@gmail.com