Holsworthy Benefice

July News Sheet

Holsworthy Benefice					
	Bridgerule	Hollacombe		Pancrasweek	Pyworthy
29th June	10am United Benefice Service at Hollacombe				
6th July	11am Sung Eucharist	9.30am Mass	9.30am Sung Eucharist 6pm Civic Service		9.30am Family Service
13th July	11am Morning Prayer	3pm Evensong	11am St Peter's Fair Service in the Square		9.30am Sung Eucharist
20th July		9.30am Mass	11am Sung Eucharist		9.30am Sung Eucharist
27th July	11am All Age Eucharist		11am Cafe style Church 3pm LYCIG	9.30am All Age Service	9.30am Morning Prayer
3 rd Aug	11am Sung Eucharist	9.30am Mass	9.30am Sung Eucharist		9.30am Family Service
10 th Aug	11am Morning Prayer	3pm Evensong	11am Sung Eucharist		9.30am Sung Eucharist
17 th Aug		9.30am Mass	11am Sung Eucharist		9.30am Sung Eucharist
24 th Aug	11am All Age Eucharist		11am Cafe style Church	9.30am All Age Service	9.30am Morning Prayer
31 st Aug	10am United Benefice Eucharist – Bridgerule				

Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek Revd Alison Hardy - <u>reverendalisonhardy@gmail.com</u> - 07780295752 Admin: Libbi Cullimore - <u>holsworthybenefice@icloud.com</u> 07717750198 Dear friends,

This time last year, I gave out some reading notes for those who had asked for direction in their Bible reading. I wonder how you have developed in your Bible reading habit over the year? We shared in reading the Gospel of Luke during Advent and I encourage you to continue to read through this Gospel – especially if you have yet to complete the book. You will be amply repaid your efforts as we turn to Luke week by week during our Sunday worship over the summer.

During July, the Epistle to the Colossians is also on our Sunday reading sheets. Colossae was one of three small cities close together, the others being Laodicea and Hierapolis and are all mentioned in the letter. In Colossians the early church was encouraged to be steadfast in their faith, which was bearing fruit, and reminded of the importance of honouring Christ and putting him first in their lives. The Christians were warned to protect themselves against false teaching, and to devote themselves to the teaching of Christ, prayer and thanksgiving.

The encouragements and warnings to that early church are as applicable to us today as they were in the 1st Century. We do well to heed the advice of the writer, most likely Paul, to put Christ first in our lives. The false 'teaching' we face includes consumer scams, false news, online fraud and manipulative social media reports. With this type of mis-leading 'truth' around us, we need, as those early Christians, to be alert, rooted and built up in Christ, setting our minds on the things that are above, not on the earth.

We are reminded in the epistle of the importance of our relationships with one another: 'clothe yourselves with compassion, bear with one another, let the peace of Christ rule in your hearts and the word of Christ dwell in you richly. Whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.' Amen!

God bless,

Alison



<u>Notices</u>

<u>The winners of the St Peter's Monthly Jackpot Draw drawn in June were:</u> 1st Prize, £17.50 – ticket number 142, Nick 2nd Prize, £3.50 – ticket number 12, Jose

If you would like to purchase tickets for the next Jackpot Draw, or know anyone who might wish to support Holsworthy Parish Church in this way, please contact the Treasurer on 07790 380119

1st July 2pm St Peter & Paul: Year 6 leavers service to mark the move to College

Home Group: Tuesdays, 7pm at the Rectory – fellowship, Bible study & prayer.

2nd - 5th July: Rector on leave

6th July: Civic Fair Service in Holsworthy, 6pm

13th July: Open Air Christians' Together Service in the Square (in church if wet)

19th / 20th July: Pyworthy Gift Day & Patronal Weekend, crafts & refreshments in the church, Ukulele band *All at Sea* performing Saturday afternoon

27th July: 3pm at the Rectory, final session of Leading Your Church into Growth: A *Planned Journey for Growth*

Family activity days in the summer holidays

Wednesdays in St Peter & St Paul during August - activities during the day for all ages including community gardening, art workshops, rhyme time, crafts and food *Volunteers welcome to help run the days*

WHAT'S ON AT HOLSWORTHY LIBRARY - JULY 2025

- Bounce & Rhyme, Thursday 3rd, 10th, 17th 2:15pm -2:45pm (term time only)
- Lloyds Bank Community Banking, Monday 7th & 21st 2:00pm-4:00pm
- Friends of Holsworthy Library Book Sale, Wednesday 9th 10am-12:30pm
- Ruby Country Creative Writing Group, Wednesday 9th 11:00am-12:00pm. Limited places, booking essential.
- Launch of the Summer Book Quest Reading Challenge, Saturday 12th July - 10am-1pm. Children can join the challenge and collect a free pack!
- Gardening Cuppa & Chat, Wednesday 23rd 2:00pm-3:00pm. Everyone welcome.
- Ocean Themed Craft Activity and Storytime with the 2 Minute Foundation, Thursday 24th July - 10:30am. Free but booking essential as places are limited.
- Craft Activity for Children, Wednesday 30th July drop in session between 11am-4pm
- Board Games & Biscuits, Thursday 31st July 11am-4pm. All ages welcome!
- Lego and games for children. Every Saturday 10am-12pm

Free hot drinks available during opening hours. Most events are free but, donations always welcome holsworthy.library@librariesunlimited.org.uk 01409 253514



Readings for July and August

6st July - Green Third Sunday after Trinity -Isaiah 66: 10-14 2 Kings 5: 1-14 Psalm 66: 1-8 Galatians 6: (1-6) 7-16 Gospel Luke 10: 1-11. 16-20

13th July - Green Forth Sunday after Trinity -Deuteronomy 30: 9-14 Amos 7: 7-end Psalm 25: 1-10 Colossians 1: 1-14 Gospel Luke 10: 25-37

20th July -Green Fifth Sunday after Trinity Genesis 18: 1-10a Amos 8: 1-12 Psalm 15 Colossians 1: 15-28 Gospel Luke 10: 38-end

27nd July -Green Sixth Sunday after Trinity

Genesis 18: 20-32 Hosea 1: 2-10 Psalm 138 Colossians 2: 6-15 (16-19) Gospel Luke 11: 1-13 3rd Aug- Green Seventh Sunday after Trinity – Ecclesiastes 1:2. 12-14: 2: 18-23 Hosea 11: 1-11 Psalm 49: 1-12 (49: 1-9) Colossians 3: 1-11 Gospel Luke 12: 13-21

10rd Aug-Green Eight Sunday after Trinity – Genesis 15: 1-6 Isaiah 1: 1. 10-20 Psalm 33: 12-end (33: 12-21) Hebrews 11: 1-3. 8-16 Gospel Luke 12: 32-40

17rd Aug-Green Ninth Sunday after Trinity – Jeremiah 23: 23-29 Isaiah 5: 1- 7 Psalm 82 Hebrews 11: 29 -12: 2 Gospel Luke 12: 49-56

24rd Aug-Green

Tenth Sunday after Trinity – Isaiah 58: 9b-end Jeremiah 1: 4-10 Psalm 103: 1-8 Hebrews 12: 18-end Gospel Luke 13: 10-17

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Pancrasweek Church Wardens Adam Rivett – 07941 940524 Libby Cullimore - 07717 750198 Pancrasweek Safeguarding Lead Libby Cullimore – 07717750198

Holsworthy Foodbank Samaritans Age UK -Domesic Abuse – Womens Aid Domesic Abuse – Mens Advice Line Childline

If you wish to advertise in upcoming news sheet please contact the benefice administrator by 20th July

Sunday 6 July 2025

Third Sunday after Trinity

COLLECT

Almighty God,

you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you

Father:

give us grace to dedicate our freedom to your service.

that we and all creation may be brought to the glorious liberty of the children of God:

through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING Isaiah 66:10-14

A reading from the book of the prophet Isaiah.

Rejoice with Jerusalem, and be glad for her, all you who love her; rejoice with her in joy, all you who mourn over her - that you may nurse and be satisfied from her consoling breast; that you may drink deeply with delight from her glorious bosom. For thus says the LORD: I will extend prosperity to her like a river, and the wealth of the nations like an overflowing stream; and you shall nurse and be carried on her arm, and dandled on her knees. As a mother comforts her child, so I will comfort you; you shall be comforted in Jerusalem. You shall see, and your heart shall rejoice; your bodies shall flourish like the grass; and it shall be known that the hand of the LORD is with his servants, and his indignation is against his enemies.

Or 2 Kings 5:1-14

PSALM Psalm 66:1-8

R All the earth shall worship you, O Lord.

Be joyful in God, all the earth; sing the glory of his name; sing the glory of his praise. Say to God, "How awesome are your deeds!

Because of your great strength your enemies shall bow before you. **R**

"All the earth shall worship you, sing to you, sing praise to your name." Come now and behold the works of God, how wonderful he is in his dealings with humankind. **R** He turned the sea into dry land; the river they passed through on foot; there we rejoiced in him. In his might he rules for ever; his eyes keep watch over the nations; let no rebel rise up against him. **R**

Bless our God, O you peoples; make the voice of his praise to be heard, Who holds our souls in life and suffers not our feet to slip. **R**

SECOND READING

(Short or long reading) Galatians 6:[1-6] 7-16

A reading from the letter of Paul to the Galatians.

[My friends, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted. Bear one another's burdens, and in this way you will fulfil the law of Christ. For if those who are nothing think they are something, they deceive themselves. All must test their own work; then that work, rather than their neighbour's work, will become a cause for pride. For all must carry their own loads. Those who are taught the word must share in all good things with their teacher.] Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith. See what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised - only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule peace be upon them, and mercy, and upon the Israel of God.

GOSPEL Luke 10:1-11. 16-20

Hear the gospel of our Lord Jesus Christ according to Luke.

The Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, "The harvest is plentiful, but the labourers are few: therefore ask the Lord of the harvest to send out labourers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' But whenever you enter a town and they do not welcome you, go out into its streets and say, 'Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.' Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me." The seventy returned with joy, saying, "Lord, in your name even the demons submit to us!" He said to them, "I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven."

POST COMMUNION

O God, whose beauty is beyond our imagining

and whose power we cannot comprehend: show us your glory as far as we can grasp it.

and shield us from knowing more than we can bear

until we may look upon you without fear; through Jesus Christ our Saviour.

carbon redem



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Sunday 13 July 2025

Fourth Sunday after Trinity

COLLECT

O God, the protector of all who trust in you,

without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy;

that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal;

grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Deuteronomy 30:9-14

A reading from the book of Deuteronomy.

Moses spoke to the people, saying, The LORD your God will make you abundantly prosperous in all your undertakings, in the fruit of your body, in the fruit of your livestock, and in the fruit of your soil. For the LORD will again take delight in prospering you, just as he delighted in prospering your ancestors, when you obey the LORD your God by observing his commandments and decrees that are written in this book of the law, because you turn to the LORD your God with all your heart and with all your soul. Surely, this commandment that I am commanding you today is not too hard for you, nor is it too far away. It is not in heaven, that you should say, "Who will go up to heaven for us, and get it for us so that we may hear it and observe it?" Neither is it beyond the sea, that you should say, "Who will cross to the other side of the sea for us, and get it for us so that we may hear it and observe it?" No, the word is very near to you; it is in your mouth and in your heart for you to observe.

Or Amos 7:7-end

PSALM Psalm 25:1-10

R Remember, Lord, your compassion and love.

To you, O Lord, I lift up my soul; O my God, in you I trust; let me not be put to shame; let not my enemies triumph over me.

Let none who look to you be put to shame, but let the treacherous be shamed and

frustrated. **R**

Make me to know your ways, O Lord, and teach me your paths.

Lead me in your truth and teach me, for you are the God of my salvation; for you have I hoped all the day long. **R**

Remember, Lord, your compassion and love.

for they are from everlasting. Remember not the sins of my youth or my transgressions,

but think on me in your goodness, O Lord, according to your steadfast love. **R**

love. R

Gracious and upright is the Lord; therefore shall he teach sinners in the way. He will guide the humble in doing right and teach his way to the lowly. **R**

All the paths of the Lord are mercy and truth

to those who keep his covenant and his testimonies.

For your name's sake, O Lord, be merciful to my sin, for it is great. **R**

SECOND READING Colossians 1:1-14 A reading from the letter of Paul to the Colossians.

Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother, To the saints and faithful brothers and sisters in Christ in Colossae: Grace to you and peace from God our Father. In our prayers for you we always thank God, the Father of our Lord Jesus Christ, for we have heard of your faith in Christ Jesus and of the love that you have for all the saints, because of the hope laid up for you in heaven. You have heard of this hope before in the word of the truth, the gospel that has come to you. Just as it is bearing fruit and growing in the whole world, so it has been bearing fruit among yourselves from the day you heard it and truly comprehended the grace of God. This you learned from Epaphras, our beloved fellow-servant. He is a faithful minister of Christ on your behalf, and he has made known to us your love in the Spirit. For this reason, since the day we heard it, we have not ceased praying for you and asking that you may be filled with the knowledge of God's will in all spiritual wisdom and understanding, so that you may lead lives worthy of the Lord, fully pleasing to him, as you bear fruit in every good work and as you grow in the knowledge of God. May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the

Father, who has enabled you to share in the inheritance of the saints in the light. He has rescued us from the power of darkness and transferred us into the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

GOSPEL Luke 10:25-37

Hear the gospel of our Lord Jesus Christ according to Luke.

A lawyer stood up to test Jesus. "Teacher," he said, "what must I do to inherit eternal life?" He said to him, "What is written in the law? What do you read there?" He answered, "You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself." And he said to him, "You have given the right answer; do this, and you will live." But wanting to justify himself, he asked Jesus, "And who is my neighbour" Jesus replied, "A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, 'Take care of him; and when I come back, I will repay you whatever more you spend.' Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?" He said, "The one who showed him mercy." Jesus said to him, "Go and do likewise."

POST COMMUNION

Eternal God.

comfort of the afflicted and healer of the broken,

you have fed us at the table of life and hope:

teach us the ways of gentleness and peace,

that all the world may acknowledge

the kingdom of your Son Jesus Christ our Lord.

reden

Re - mem - ber, Lord, your com - pas-sion and love.

6

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Sunday 20 July 2025

Fifth Sunday after Trinity

COLLECT

Almighty and everlasting God, by whose Spirit the whole body of the

Church is governed and sanctified: hear our prayer which we offer for all your faithful people,

that in their vocation and ministry they may serve you in holiness and

truth

to the glory of your name; through our Lord and Saviour Jesus Christ.

who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Genesis 18:1-10a

A reading from the book of Genesis. The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My lord, if I find favour with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on - since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate. They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son."

Or Amos 8:1-12

PSALM Psalm 15

R Through the greatness of your mercy, I will come into your house.

8

Lord, who may dwell in your tabernacle?

Who may rest upon your holy hill? Whoever leads an uncorrupt life and does the thing that is right; Who speaks the truth from the heart and bears no deceit on the tongue; Who does no evil to a friend and pours no scorn on a neighbour; **R**

In whose sight the wicked are not esteemed,

but who honours those who fear the Lord.

Whoever has sworn to a neighbour and never goes back on that word; Who does not lend money in hope of gain,

nor takes a bribe against the innocent; Whoever does these things shall never fall. **R**

SECOND READING Colossians 1:15-28 A reading from the letter of Paul to the Colossians.

Christ is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers - all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him - provided that you continue securely established and steadfast in the faith, without

shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

GOSPEL Luke 10:38-end

Hear the gospel of our Lord Jesus Christ according to Luke.

Now as Jesus and his disciples went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to Jesus and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

POST COMMUNION

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance,

that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord.



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Sunday 27 July 2025

Sixth Sunday after Trinity

COLLECT

Merciful God,

you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things.

may obtain your promises,

which exceed all that we can desire; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING Genesis 18:20-32

A reading from the book of Genesis. The LORD appeared to Abraham by the oaks of Mamre and said, "How great is the outcry against Sodom and Gomorrah and how very grave their sin! I must go down and see whether they have done altogether according to the outcry that has come to me; and if not, I will know." So the men turned from there, and went towards Sodom, while Abraham remained standing before the LORD. Then Abraham came near and said, "Will you indeed sweep away the righteous with the wicked? Suppose there are fifty righteous within the city; will you then sweep away the place and not forgive it for the fifty righteous who are in it? Far be it from you to do such a thing, to slay the righteous with the wicked, so that the righteous fare as the wicked! Far be that from you! Shall not the Judge of all the earth do what is just?" And the LORD said, "If I find at Sodom fifty righteous in the city, I will forgive the whole place for their sake." Abraham answered, Let me take it upon myself to speak to the Lord, Lwho am but dust and ashes. Suppose five of the fifty righteous are lacking? Will you destroy the whole city for lack of five?" And he said, "I will not destroy it if I find forty five there." Again Abraham spoke to the LORD, "Suppose forty are found there." He answered, "For the sake of forty I will not do it." Then Abraham said, "Oh do not let the Lord be angry if I speak. Suppose thirty are found there." The LORD answered, "I will not do it, if I find thirty there." Abraham said, "Let me take it upon myself to speak to the Lord. Suppose twenty are found there." The LORD answered, "For the sake of twenty I will not destroy it." Then he said, "Oh do not let the Lord be angry if I speak just once more. Suppose ten are found there." The LORD answered, "For the sake of ten I will not destroy it.

Or Hosea 1:2-10

PSALM Psalm 138

R Your loving-kindness, O Lord, endures for ever.

6

I will give thanks to you, O Lord, with my whole heart;

before the gods will I sing praise to you. I will bow down towards your holy temple and praise your name, because of your

love and faithfulness; for you have glorified your name

and your word above all things. R

- In the day that I called to you, you answered me;
- you put new strength in my soul.
- All the kings of the earth shall praise you, O Lord,
- for they have heard the words of your mouth. **R**

They shall sing of the ways of the Lord, that great is the glory of the Lord.

- Though the Lord be high, he watches over the lowly;
- as for the proud, he regards them from afar. **R**
- Though I walk in the midst of trouble, you will preserve me;
- you will stretch forth your hand against the fury of my enemies; your right hand will save me.
- The Lord shall make good his purpose for me;

your loving-kindness, O Lord, endures for ever; forsake not the work of your hands. **R**

SECOND READING

(Short or long reading) Colossians 2:6-15 [16-19]

A reading from the letter of Paul to the Colossians.

Brothers and sisters, as you have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it. [Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or sabbaths. These are only a shadow of what is to come, but the substance belongs to Christ. Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling on visions, puffed up without cause by a human way of thinking, and not holding fast to the head, from whom the whole body, nourished and held together by its ligaments and sinews, grows with a growth that is from God.]

GOSPEL Luke 11:1-13

Hear the gospel of our Lord Jesus Christ according to Luke.

Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When you pray, say: Father, hallowed be your name. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial. And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything.' I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs. So I say to you, Ask, and it will be given to you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

POST COMMUNION

God of our pilgrimage, you have led us to the living water: refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord.

