

# Holsworthy Benefice

## February News Sheet

Holsworthy Benefice					
	Bridgerule	Hollacombe	Holsworthy	Pancrasweek	Pyworthy
2 <sup>nd</sup> Feb	11am Morning Prayer	9.30am Mass	11am Cafe style Church		9.30am Family Service
9 <sup>th</sup> Feb	11am Morning Prayer	3pm Evensong	11am Sung Eucharist		9.30am Sung Eucharist
16 <sup>th</sup> Feb		9.30am Mass	11am Sung Eucharist 3pm Leading your Church into Growth Service		9.30am Sung Eucharist
23 <sup>rd</sup> Feb	11am All Age Eucharist		11am Cafe style Church	9.30pm All Age Service	9.30am Morning Prayer
2 <sup>nd</sup> March	11am Sung Eucharist	9.30am Mass	9.30am Sung Eucharist		9.30am Family Service

Dear Friends

The beginning of February marks the end of the Epiphany / Christmas Season. Having explored who this child Jesus is throughout our Epiphany readings we conclude in February with Candlemas. This service remembers how Jesus was recognised as a baby by Anna and Simeon in the temple and declared to be the 'Light of the World.' Traditionally the candles in the church were blessed for the year. We conclude our service by carrying individual lit candles to the door of the church in recognition that we carry the Light of Christ within ourselves and out into the world.

February is a wintry month even as the days lenthen and signs of spring appear. Our Sundays reflect the winter bleakness as we count down towards the annual Lenten fast. We hear Jesus teach his disciples in the Gospel of Luke and these teachings give us hope as we apply them to ourselves. It is a good month to continue reading through Luke. If you have completed the Gospel, turn to the book of Acts. Written by the same author, the stories of the early church unfold through the characters of Peter, Stephen & Paul.

Yours In Christ,

Alison

**Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek**  
**Revd Alison Hardy** - [reverendalisonhardy@gmail.com](mailto:reverendalisonhardy@gmail.com) - 07780295752  
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# Readings for February

## 2<sup>nd</sup> Feb – White

### Presentation of Christ in the Temple

Malachi 3: 1-5

Psalm 24: (1-6) -end

Hebrews 2: 14-end

Gospel Luke 2: 22-40

## 9<sup>th</sup> Feb – White

### Fourth Sunday before Lent

Isaiah 6: 1-8 (9-end)

Psalm 138

1 Corinthians 15: 1-11

Gospel Luke 5: 1-11

## 16<sup>th</sup> Feb – White

### Third Sunday Before Lent

Jeremiah 17: 5-10

Psalm 1

1 Corinthians 15: 12-20

Gospel Luke 6: 17-26

## 23<sup>rd</sup> Feb – White

### Second Sunday before Lent

Genesis 2: 4b-9. 15-end

Psalm 65

Revelations 4

Gospel Luke 8: 22-25



SUNDAY 9TH FEBRUARY

# CONNECT SUNDAY 2025

BODMIN STREET CHAPEL HALL - 2:30PM  
TEA/COFFEE & LIGHT REFRESHMENTS

PLEASE JOIN US TO FIND OUT WHAT IS HAPPENING IN  
CONNECT, WHAT RUTH IS DOING & WHAT YOU CAN BE  
PRAYING FOR

**connect**  
PARTNERING LOCAL CHURCHES - SERVING LOCAL COMMUNITIES

FOR MORE DETAILS PLEASE CONTACT RUTH OR SUE BANKS - 07779 560083

## Notices

### Jackpot Draw

The winners of the St Peter's Monthly Jackpot Draw drawn in January were:

1<sup>st</sup> Prize, £18.00 – ticket number 11, Arthur from Menors Place

2<sup>nd</sup> Prize, £3.60 – ticket number 167, Liz from Westcroft Road

Wednesday 12<sup>th</sup> February Holsworthy Church will be hosting the coffee morning in the Memorial Hall. Any donations of raffle prizes, cakes/savouries and chocolate will be gratefully received. We look forward to seeing as many of you there as possible.

Sunday 16<sup>th</sup> Feb: Leading Your Church into Growth. Session 3: Telling your story. 3-5pm at the Rectory (*not* in the church).

Tuesday 18<sup>th</sup> Feb: Home Group on Tuesdays through Lent. 7-8.30pm at the Rectory, also Tuesday 25<sup>th</sup>.

Thursday 27<sup>th</sup> Feb: Deanery Synod 7.30pm

### Advance Notice:

Sunday 2<sup>nd</sup> March: Speaker from CARE to talk on the issues around the Assisted Dying Bill. Chilsworthy Chapel. A unique opportunity to hear more about the current debate.

Wednesday 19<sup>th</sup> March: Christians Together Meeting 7.15pm in Blue Rooms, Holsworthy Methodist Church Bodmin Street.

# Contacts

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## **Bridgerule Church Wardens**

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Peter Harris – 01288 381 149

## **Bridgerule Safeguarding Lead**

Val Harris -01409 259192

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## **Pyworthy Safeguarding Lead**

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## **Holsworthy Foodbank**

**Samaritans**

**Age UK -**

**Domestic Abuse – Womens Aid**

**Domestic Abuse – Mens Advice Line**

**Childline**

**01271 377077**

**116 123**

**0808 055 6112**

**0808 2000 247**

**0808 8010 327**

**0800 111**

**If you wish to advertise in upcoming news sheet please contact the benefice administrator by 20th Feb**



# Sunday

2 February 2025 Presentation of Christ in the Temple

## COLLECT

Almighty and ever-living God, clothed in majesty,  
whose beloved Son was this day presented in the Temple,  
in substance of our flesh:  
grant that we may be presented to you with pure and clean hearts,  
by your Son Jesus Christ our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING Malachi 3:1-5

*A reading from the book of the prophet Malachi.*

Thus says the LORD God: See, I am sending my messenger to prepare the way before me, and the Lord whom you seek will suddenly come to his temple. The messenger of the covenant in whom you delight – indeed, he is coming, says the LORD of hosts. But who can endure the day of his coming, and who can stand when he appears? For he is like a refiner's fire and like fullers' soap; he will sit as a refiner and purifier of silver, and he will purify the descendants of Levi and refine them like gold and silver, until they present offerings to the LORD in righteousness. Then the offering of Judah and Jerusalem will be pleasing to the LORD as in the days of old and as in former years. Then I will draw near to you for judgement; I will be swift to bear witness against the sorcerers, against the adulterers, against those who swear falsely, against those who oppress the hired workers in their wages, the widow, and the orphan, against those who thrust aside the alien, and do not fear me, says the LORD of hosts.

## PSALM Psalm 24:[1-6] 7-end

**R** *The Lord of hosts: he is the King of glory.*

The earth is the Lord's and all that fills it,  
the compass of the world and all who dwell therein.  
For he has founded it upon the seas  
and set it firm upon the rivers of the deep. **R**  
Who shall ascend the hill of the Lord,  
or who can rise up in his holy place?"  
"Those who have clean hands and a pure heart,  
who have not lifted up their soul to an idol,  
nor sworn an oath to a lie; **R**

"They shall receive a blessing from the Lord,  
a just reward from the God of their salvation."

Such is the company of those who seek him,  
of those who seek your face, O God of Jacob. **R**

Lift up your heads, O gates;  
be lifted up, you everlasting doors;  
and the King of glory shall come in.  
"Who is the King of glory?"  
"The Lord, strong and mighty, the Lord who is mighty in battle." **R**

Lift up your heads, O gates; be lifted up, you everlasting doors;  
and the King of glory shall come in.  
"Who is this King of glory?"  
"The Lord of hosts, he is the King of glory." **R**

## SECOND READING Hebrews 2:14-end

*A reading from the letter to the Hebrews.*

Since the children share flesh and blood, Jesus himself likewise shared the same things, so that through death he might destroy the one who has the power of death, that is, the devil, and free those who all their lives were held in slavery by the fear of death. For it is clear that he did not come to help angels, but the descendants of Abraham. Therefore he had to become like his brothers and sisters in every respect, so that he might be a merciful and faithful high priest in the service of God, to make a sacrifice of atonement for the sins of the people. Because he himself was tested by what he suffered, he is able to help those who are being tested.

## GOSPEL Luke 2:22-40

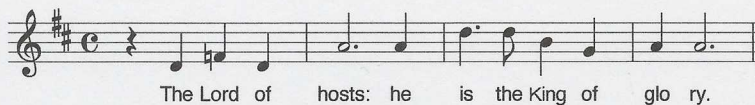
*Hear the gospel of our Lord Jesus Christ according to Luke.*

When the time came for their purification according to the law of Moses, Mary and Joseph brought Jesus up to Jerusalem to present him to the Lord (as it is written in the law of the Lord "Every firstborn male shall be designated as holy to the Lord'), and they offered a sacrifice according to what is stated in the law of the Lord, "a pair of turtle-doves or two young pigeons." Now there was a man in Jerusalem whose name was Simeon; this man was righteous and devout, looking forward to the consolation of Israel, and

the Holy Spirit rested on him. It had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Messiah. Guided by the Spirit, Simeon came into the temple; and when the parents brought in the child Jesus, to do for him what was customary under the law, Simeon took him in his arms and praised God, saying, "Master, now you are dismissing your servant in peace, according to your word; for my eyes have seen your salvation, which you have prepared in the presence of all peoples, a light for revelation to the Gentiles and for glory to your people Israel." And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, "This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed – and a sword will pierce your own soul too." There was also a prophet, Anna the daughter of Phanuel, of the tribe of Asher. She was of a great age, having lived with her husband seven years after her marriage, then as a widow to the age of eighty-four. She never left the temple but worshipped there with fasting and prayer night and day. At that moment she came, and began to praise God and to speak about the child to all who were looking for the redemption of Jerusalem. When they had finished everything required by the law of the Lord, they returned to Galilee, to their own town of Nazareth. The child grew and became strong, filled with wisdom; and the favour of God was upon him.

## POST COMMUNION

Lord, you fulfilled the hope of Simeon and Anna,  
who lived to welcome the Messiah:  
may we, who have received these gifts beyond words,  
prepare to meet Christ Jesus  
when he comes to bring us to eternal life;  
for he is alive and reigns, now and for ever.



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# Sunday

9 February 2025

Fourth Sunday before Lent

## COLLECT

O God,  
you know us to be set  
in the midst of so many and great dangers,  
that by reason of the frailty of our nature  
we cannot always stand upright:  
grant to us such strength and protection  
as may support us in all dangers  
and carry us through all temptations;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING (Short or long reading)

### Isaiah 6:1-8 [9-end]

*A reading from the book of the prophet Isaiah.*

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said: "Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory." The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!" [And he said, "Go and say to this people: 'Keep listening, but do not comprehend; keep looking, but do not understand.' Make the mind of this people dull, and stop their ears, and shut their eyes, so that they may not look with their eyes, and listen with their ears, and comprehend with their minds, and turn and be healed." Then I said, "How long, O Lord?" And he said: "Until cities lie waste without inhabitant, and houses without people, and the land is utterly desolate; until the LORD sends everyone far away, and vast is the emptiness in the midst of the land. Even if a tenth part remain in it, it will be burned again, like a terebinth or an oak whose stump remains standing when it is felled. The holy seed is its stump."]

## PSALM Psalm 138

**R** *Your loving kindness, O Lord, endures forever.*

I will give thanks to you, O Lord, with my whole heart;  
before the gods will I sing praise to you.  
I will bow down towards your holy temple  
and praise your name, because of your love and faithfulness;  
for you have glorified your name  
and your word above all things. **R**

In the day that I called to you, you answered me;  
you put new strength in my soul.  
All the kings of the earth shall praise you,  
O Lord,  
for they have heard the words of your mouth. **R**

They shall sing of the ways of the Lord,  
that great is the glory of the Lord.  
Though the Lord be high, he watches over the lowly;  
as for the proud, he regards them from afar. **R**

Though I walk in the midst of trouble,  
you will preserve me;  
you will stretch forth your hand against the fury of my enemies; your right hand will save me.  
The Lord shall make good his purpose for me;  
your loving-kindness, O Lord, endures for ever; forsake not the work of your hands. **R**

## SECOND READING 1 Corinthians 15:1-11

*A reading from the first letter of Paul to the Corinthians.*

I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you – unless you have come to believe in vain. For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to

someone untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace towards me has not been in vain. On the contrary, I worked harder than any of them – though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

## GOSPEL Luke 5:1-11

*Hear the Gospel of our Lord Jesus Christ according to Luke.*

While Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." Simon answered, "Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets." When they had done this, they caught so many fish that their nets were beginning to break. So they signalled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Go away from me, Lord, for I am a sinful man!" For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people." When they had brought their boats to shore, they left everything and followed Jesus.

## POST COMMUNION

Go before us, Lord, in all we do  
with your most gracious favour,  
and guide us with your continual help,  
that in all our works  
begun, continued and ended in you,  
we may glorify your holy name,  
and finally by your mercy receive  
everlasting life;  
through Jesus Christ our Lord.



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# Sunday 16 February 2025 Third Sunday before Lent

## COLLECT

Almighty God,  
who alone can bring order  
to the unruly wills and passions of  
sinful humanity:  
give your people grace  
so to love what you command  
and to desire what you promise,  
that, among the many changes of  
this world,  
our hearts may surely there be fixed  
where true joys are to be found;  
through Jesus Christ your Son  
our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING Jeremiah 17:5-10

*A reading from the book of the prophet Jeremiah.*

Thus says the LORD: Cursed are those who trust in mere mortals and make mere flesh their strength, whose hearts turn away from the LORD. They shall be like a shrub in the desert, and shall not see when relief comes. They shall live in the parched places of the wilderness, in an uninhabited salt land. Blessed are those who trust in the LORD, whose trust is the LORD. They shall be like a tree planted by water, sending out its roots by the stream. It shall not fear when heat comes, and its leaves shall stay green; in the year of drought it is not anxious, and it does not cease to bear fruit. The heart is devious above all else; it is perverse – who can understand it? I the LORD test the mind and search the heart, to give to all according to their ways, according to the fruit of their doings.

## PSALM Psalm 1

**R** *The Lord knows the way of the righteous.*

Blessed are they who have not walked  
in the counsel of the wicked,  
nor lingered in the way of sinners,  
nor sat in the assembly of the scornful.  
Their delight is in the law of the Lord

and they meditate on his law day and  
night. **R**

Like a tree planted by streams of  
water  
bearing fruit in due season, with  
leaves that do not wither,  
whatever they do, it shall prosper.  
As for the wicked, it is not so with  
them;  
they are like chaff which the wind  
blows away. **R**

Therefore the wicked shall not be able  
to stand in the judgement,  
nor the sinner in the congregation of  
the righteous.  
For the Lord knows the way of the  
righteous,  
but the way of the wicked shall  
perish. **R**

## SECOND READING

### 1 Corinthians 15:12-20

*A reading from the first letter of Paul to the Corinthians.*

If Christ is proclaimed as raised from the dead, how can some of you say there is no resurrection of the dead? If there is no resurrection of the dead, then Christ has not been raised; and if Christ has not been raised, then our proclamation has been in vain and your faith has been in vain. We are even found to be misrepresenting God, because we testified of God that he raised Christ – whom he did not raise if it is true that the dead are not raised. For if the dead are not raised, then Christ has not been raised. If Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have died in Christ have perished. If for this life only we have hoped in Christ, we are of all people most to be pitied. But in fact Christ has been raised from the dead, the first fruits of those who have died.

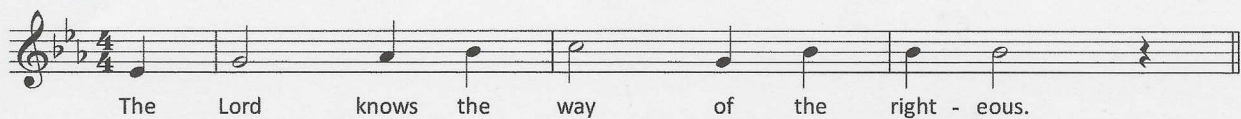
## GOSPEL Luke 6:17-26

*Hear the gospel of our Lord Jesus Christ according to Luke.*

He came down with them and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all in the crowd were trying to touch him, for power came out from him and healed all of them. Then he looked up at his disciples and said: "Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who are hungry now, for you will be filled. Blessed are you who weep now, for you will laugh. Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice on that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets. But woe to you who are rich, for you have received your consolation. Woe to you who are full now, for you will be hungry. Woe to you who are laughing now, for you will mourn and weep. Woe to you when all speak well of you, for that is what their ancestors did to the false prophets."

## POST COMMUNION

Merciful Father,  
who gave Jesus Christ to be for us  
the bread of life,  
that those who come to him should  
never hunger:  
draw us to the Lord in faith and love,  
that we may eat and drink with him  
at his table in the kingdom,  
where he is alive and reigns, now and  
for ever.



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## COLLECT

Almighty God,  
you have created the heavens and  
the earth  
and made us in your own image:  
teach us to discern your hand in all  
your works  
and your likeness in all your children;  
through Jesus Christ your Son our Lord,  
who with you and the Holy Spirit  
reigns supreme over all things,  
now and for ever.

## FIRST READING Genesis 2:4b-9. 15-end

*A reading from the book of Genesis.*

In the day that the LORD God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up – for the LORD God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground – then the LORD God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil. The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Then the LORD God said, "It is not good that the man should be alone; I will make him a helper as his partner." So out of the ground the LORD God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the LORD God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the LORD God had taken from the man he made into a woman and brought her to the man. Then the man said, "This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken." Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And

the man and his wife were both naked, and were not ashamed.

## PSALM Psalm 65

**R** *Be joyful in God, all the earth.*

Praise is due to you, O God, in Zion; to you that answer prayer shall vows be paid. To you shall all flesh come to confess their sins; when our misdeeds prevail against us, you will purge them away. **R**

Happy are they whom you choose and draw to your courts to dwell there. We shall be satisfied with the blessings of your house, even of your holy temple. With wonders you will answer us in your righteousness, O God of our salvation, O hope of all the ends of the earth and of the farthest seas. **R**

In your strength you set fast the mountains and are girded about with might. You still the raging of the seas, the roaring of their waves and the clamour of the peoples. Those who dwell at the ends of the earth tremble at your marvels; the gates of the morning and evening sing your praise. **R**

You visit the earth and water it; you make it very plenteous. The river of God is full of water; you prepare grain for your people, for so you provide for the earth. You drench the furrows and smooth out the ridges; you soften the ground with showers and bless its increase. **R**

You crown the year with your goodness, and your paths overflow with plenty. May the pastures of the wilderness flow with goodness and the hills be girded with joy. May the meadows be clothed with flocks of sheep and the valleys stand so thick with corn that they shall laugh and sing. **R**

## SECOND READING Revelation 4

*A reading from the book of Revelation.*

After this I looked, and there in heaven a door stood open! And the first voice, which I had heard speaking to me like a trumpet, said, "Come up here, and I will show you what must take place after this." At once I was in the spirit, and there in heaven stood a throne, with one seated on the throne! And the one seated there looks like jasper and carnelian, and around the throne is a rainbow that looks like an emerald. Around the throne are twenty-four thrones, and seated on the thrones are twenty-four elders, dressed in white robes,

with golden crowns on their heads. Coming from the throne are flashes of lightning, and rumblings and peals of thunder, and in front of the throne burn seven flaming torches, which are the seven spirits of God; and in front of the throne there is something like a sea of glass, like crystal. Around the throne, and on each side of the throne, are four living creatures, full of eyes in front and behind: the first living creature like a lion, the second living creature like an ox, the third living creature with a face like a human face, and the fourth living creature like a flying eagle. And the four living creatures, each of them with six wings, are full of eyes all around and inside. Day and night without ceasing they sing, "Holy, holy, holy, the Lord God the Almighty, who was and is and is to come." And whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and ever; they cast their crowns before the throne, singing, "You are worthy, our Lord and God, to receive glory and honour and power, for you created all things, and by your will they existed and were created."

## GOSPEL Luke 8:22-25

*Hear the gospel of our Lord Jesus Christ according to Luke.*

One day Jesus got into a boat with his disciples, and he said to them, "Let us go across to the other side of the lake." So they put out, and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, "Master, Master, we are perishing!" And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, "Where is your faith?" They were afraid and amazed, and said to one another, "Who then is this, that he commands even the winds and the water, and they obey him?"

## POST COMMUNION

God our creator,  
by your gift  
the tree of life was set at the heart of the  
earthly paradise,  
and the bread of life at the heart of  
your Church:  
may we who have been nourished at your  
table on earth  
be transformed by the glory of the  
Saviour's cross  
and enjoy the delights of eternity;  
through Jesus Christ our Lord.

