

Holsworthy Benefice ~ News Sheet No 20

Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek

9th August 2020 ~ Ninth Sunday after Trinity (Proper 14)

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Worship and Prayer in the Holsworthy Benefice

Sunday	9.30am	Morning Worship	On Zoom (details below)
Sunday	11am	Said Eucharist	Holsworthy Parish Church
<i>If you are coming to this Eucharist please read all of page 2 of this news sheet</i>			
Tuesday	7pm	Contemplative Prayer	All on Zoom details below; https://us02web.zoom.us/j/82633460276? To join by phone: 0131 460 1196 ID 826 3346 0276 Password: benefice
Wednesday	3pm	Home Group	
Friday	12 Noon	Midday Prayer	

PRAYER INTENTIONS

9th Sunday after Trinity

Monday 10th August (Laurence)

Tuesday 11th August (Clare-Assisi+JH Newman)

Wednesday 12th August

Thursday 13th August (J Taylor+F Nightingale)

Friday 14th August (M Kolbe)

Saturday 15th August (Blessed Virgin Mary)

For deeper wisdom, Local businesses

All who live at Meadow View and Pearson Close

The disabled

All who serve 'other gods'

The government

For equality

For enthusiasm in our Christian live

For those overwhelmed by debt

Face Coverings

Please be aware that from 8th August it will be mandatory to wear a face covering in places of public worship.

When receiving communion please briefly and carefully remove your face covering without touching the part that covers your mouth and nose.



Once again Geronimo has been volunteered to help raise funds for Holsworthy Church. This year you don't need to guess his weight. Just guess the square of grass that he ends up in! More details next Week!

Triple Layer Face Masks.
£2 each. Donations to MacMillan.
Ring Annette on 07921827269

Coming to church during the covid-19 pandemic

IN THE HOLSWORTHY BENEFICE

UPDATED

Everyone, without symptoms or those needing to self isolate, **are very welcome.**

It is at your own discretion, including those of a higher risk category.

Please carefully consider your needs, especially if you are in a higher risk category, before attending services in church buildings.

Please follow all the guidance to keep you and others as safe as possible.

If you decide to come to a service in a church building please stay alert and carry out the following;

- From 8th August a face covering must be worn
- Keep to the 2 meters social distancing and don't linger anywhere (the radiators are not on yet!!). Doorways and aisles are to be kept clear of people. This is important as we don't have wide aisles and only one door to enter and exit.
- Good hand hygiene must be followed - sanitiser is to be used on entry and exit of the building.
- Gloves are not recommended. It is more difficult to sanitise gloves than hands. If you wear gloves without changing them constantly you still need to sanitise!
- The doors will be left open throughout the service (this will be reassessed in September).
- There will be no congregational singing during the service until advice says it is safe to do so (the celebrant may sing from a distance if their voice is on form!).
- There will be a plate by the door for your offering - please sanitise your hands before and after.
- After sanitising
 - please go straight to the furthest forward empty pew.
 - Service books will be in the pews.

This is to ensure 2 meters social distancing when entering and exiting the building.

- You may light votive candles as normal, please make sure the sanitiser on your hands is dry, and you leave 2 meters social distance. This also helps people to have their own prayer space.....
- Please do not hold out for sitting where you normally sit!
- Please sit in the middle of the pew and not either end.
- You are very welcome to kneel, sit or stand as per the custom of the church.
- The Celebrant alone receives both bread & wine.
- The words of distribution "the body of Christ" are said by the Celebrant before the distribution with the congregation responding "Amen".
- Distribution of communion will be by the Celebrant bringing the bread to you in your pew.
- Please be aware the Celebrant may wear mask and visor. This is for you, theirs and their families' protection.
- To receive the sacrament, please stand, sit or kneel as you are able.
- The distribution takes place in silence with the wafer carefully dropped into the hands of the communicant. Please hold both hands (one cupping the other) out stretched so as much social distance can be maintained.
- Please remember not to say Amen out loud on receiving the host. If you do don't worry and try to remember not to next time.
- At the end of the service please leave in order of those closest to the door first.
- Please don't linger after the service and keep the doorway and aisles free.
- At this time there will be no refreshments after the service - sorry.
- If you wish to talk to the priest after the service please remain in your pew, they will come to you (2 meters).

Please keep the opening of churches and starting to worship in the buildings in your prayers. Please pray for the clergy and others involved during this time. Pray especially for the younger generations that are making it possible for churches to open and services to commence.

COLLECT

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your
grace,
that we may bring forth the fruit of the
Spirit
in love and joy and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING 1 Kings 19:9-18

A reading from the first book of Kings.

When Elijah reached Horeb, the mountain of God, he came to a cave, and spent the night there. Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the LORD said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill;

and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

PSALM Psalm 85:8-13

R Show us your mercy, O Lord.

I will listen to what the Lord God will say,
for he shall speak peace to his people and
to the faithful, that they turn not again
to folly.

Truly, his salvation is near to those who
fear him,
that his glory may dwell in our land. **R**

Mercy and truth are met together,
righteousness and peace have kissed each
other;
Truth shall spring up from the earth
and righteousness look down from
heaven. **R**

The Lord will indeed give all that is good,
and our land will yield its increase.
Righteousness shall go before him
and direct his steps in the way. **R**

SECOND READING

Romans 10:5-15

A reading from the letter of Paul to the Romans.

Moses writes concerning the
righteousness that comes from the law,
that "the person who does these things
will live by them." But the righteousness
that comes from faith says, "Do not
say in your heart, 'Who will ascend into
heaven?'" (that is, to bring Christ down)
"or 'Who will descend into the abyss?'"
(that is, to bring Christ up from the
dead). But what does it say? "The word
is near you, on your lips and in your
heart" (that is, the word of faith that we
proclaim); because if you confess with
your lips that Jesus is Lord and believe in
your heart that God raised him from the
dead, you will be saved. For one believes
with the heart and so is justified, and
one confesses with the mouth and so is
saved. The scripture says, "No one who
believes in him will be put to shame." For
there is no distinction between Jew and
Greek; the same Lord is Lord of all and
is generous to all who call on him. For,
"Everyone who calls on the name of the
Lord shall be saved." But how are they
to call on one in whom they have not

believed? And how are they to believe in
one of whom they have never heard? And
how are they to hear without someone
to proclaim him? And how are they to
proclaim him unless they are sent? As it
is written, "How beautiful are the feet of
those who bring good news!"

GOSPEL Matthew 14:22-33

*Hear the gospel of our Lord Jesus Christ
according to Matthew.*

Immediately after feeding the crowd
with the five loaves and two fish, Jesus
made the disciples get into the boat and
go on ahead to the other side, while
he dismissed the crowds. And after he
had dismissed the crowds, he went up
the mountain by himself to pray. When
evening came, he was there alone, but by
this time the boat, battered by the waves,
was far from the land, for the wind was
against them. And early in the morning he
came walking towards them on the lake.
But when the disciples saw him walking
on the lake, they were terrified, saying,
"It is a ghost!" And they cried out in fear.
But immediately Jesus spoke to them
and said, "Take heart, it is I; do not be
afraid." Peter answered him, "Lord, if it
is you, command me to come to you on
the water." He said, "Come." So Peter
got out of the boat, started walking on
the water, and came towards Jesus. But
when he noticed the strong wind, he
became frightened, and beginning to
sink, he cried out, "Lord, save me!" Jesus
immediately reached out his hand and
caught him, saying to him, "You of little
faith, why did you doubt?" When they got
into the boat, the wind ceased. And those
in the boat worshipped him, saying, "Truly
you are the Son of God."

POST COMMUNION

Holy Father,
who gathered us here around the table of
your Son
to share this meal with the whole
household of God:
in that new world where you reveal the
fullness of your peace,
gather people of every race and language
to share in the eternal banquet of Jesus
Christ our Lord.



Sunday 9 August 2020
Matthew 14:22-33
19th Sunday in Ordinary Time

My name is _____

IN THE GOSPEL TODAY

The disciples are in a boat on the lake and Jesus walks to them – on the water! The disciples are scared but Jesus tells them not to be afraid. Peter steps out onto the water and begins to walk towards Jesus. When Peter notices the strong wind he gets scared and begins to sink. Jesus reaches out and saves Peter. As soon as Jesus gets into the boat the wind stops and the water is calm. Jesus really is the Son the God!

TREASURES



Can you help Jesus walk on the water to the disciples?

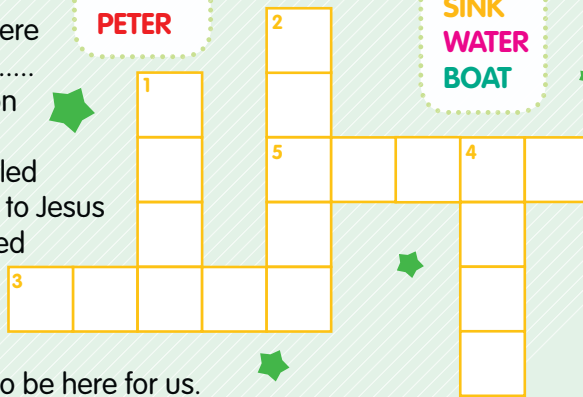


Crossword

- The disciples were inside the
- Jesus walked on the
- The disciple called walked to Jesus
- Peter was scared and began to
- We can always Jesus to be here for us.

TRUST
PETER

SINK
WATER
BOAT



"Do not be afraid"

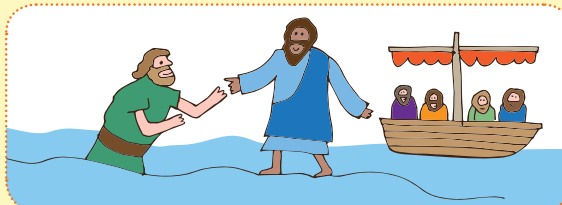
In the hand of Jesus, a very safe place to be, draw or write something that you might be worried about or afraid of.



"Have faith"

Peter took a very brave step off the boat to meet Jesus on the water.

Can you complete this picture and colour it in?



A PRAYER TO SAY

Dear Jesus, I know you are always there when I need you. Help me to always trust in you. Amen.

Answers: CROSSWORD: 1. Boat, 2. Water, 3. Peter, 4. Sink, 5. Trust.